

IMPORTANT INFORMATION ABOUT YOUR VISIT

Your visit to the Apotheke Clinic & Jurlique Day Spa is all about you and what makes you feel comfortable and relaxed, so please let us know if there is anything at all we can do to make your stay even more pleasurable. Likewise if you feel uncomfortable at any time tell us; if you don't like the music being played or you would prefer silence just say, if you are unsure about what clothing to remove, please talk to your therapist. By talking to us you'll help us ensure that you have a great time during your visit.

BOOKING YOUR APPOINTMENT

For your convenience our Spa is open 7 days a week from 10.00am to 8.00pm Monday through Friday, 9.30am to 6.00pm Saturday and 10.00am to 6.00pm on Sunday. Our Clinic & Dispensary are open Tuesday to Saturday from 10.00am to 6.00pm apart from Thursday when they are open until 8.00pm. To reserve your treatment or consultation, call in, or telephone us on 020 8995 2293. Whilst we always welcome 'walk ins' if we have space, to avoid disappointment we strongly recommend booking packages and weekend & evening appointments at least 21 days in advance as we do get very busy at these popular times. In all instances when making appointments we will require your credit/debit card details in order to confirm and hold your booking.

KEEPING YOUR APPOINTMENT

Please do leave plenty of time to keep your appointment (especially if you have to park) so that you don't arrive late and stressed! Ideally arrange to arrive here at least 15 minutes (30 minutes for packages) before your appointment starts in order to complete booking in and preparation formalities. In addition this time will enable you to slow down, relax and start breathing properly from your abdomen, also try to avoid drinking coffee or caffeinated soft drinks beforehand, as they can make it harder for you to relax.

APPOINTMENT TIMING

As a courtesy to all our clients we do operate to a prompt appointment schedule, so please understand that if you are late arriving it may not be possible to provide the services reserved. Unfortunately in any such instances we will have to charge for the full amount of the time/treatment reserved. All treatment times indicated are approximate and inclusive of client and Practitioner/Therapist preparation.

SPA ETIQUETTE

For the peace and comfort of all our guests please ensure that you switch off your mobile phone prior to entering the Spa and do not use cameras or personal stereos for the duration of your visit. We thank all our clients for adhering to our no smoking policy.

'WET TREATMENTS'

To ensure comfort and privacy, clients having hydrotherapy treatments are advised to bring their own bathing suit. NB. All water used throughout the Spa, is specially filtered to remove chemicals and hardening minerals, leaving it feeling oxygenated and alive.

PERSONAL BELONGINGS

We strongly recommend that you wear minimal jewellery as it can hamper treatments, we are also unable to accept any responsibility for loss of, or damage to, clients' personal belongings during their visit.

COMPLIMENTARY REFRESHMENTS

A selection of herbal teas and chilled filtered water are available in our Spa roof garden relaxation lounge and are FREE of charge to all our Clinic patients and Day Spa guests.

GIFT VOUCHERS

Available for all our treatments and for the products we stock. Ask about our personalised vouchers for that special occasion, birthday, anniversary, wedding etc. (Gift Vouchers are non-refundable and are valid for 6 months) If you are paying for your treatment(s) with a Gift Voucher please ensure that you bring it with you and present it to our reception staff upon arrival. Please understand that we are unable to provide treatment(s) without either a valid Gift Voucher or payment in full, in which case you will be refunded on subsequent presentation of the voucher.

CANCELLATIONS

Treatments & Consultations are selected and reserved specifically according to your requirements and the availability of our Practitioners & Therapists. In order to best accommodate all our clients and as a courtesy to our staff we do require at least 24 hours notice of any changes or cancellations (48 hours for packages 5 working days for 2 or more persons). If we do not receive the appropriate notice of any changes or you just fail to keep an appointment, then the full cost of the treatment(s) reserved will be charged, future bookings may well require payment in advance. PLEASE NOTE: We are unable to accept cancellations by e-mail, please call Reception on 020 8995 2293 and obtain a cancellation reference.

Whilst we will endeavour to keep all appointments, if for any reason we are unable to provide any part of a service on the date of your appointment, we will be entitled to cancel your original booking, and offer you: A) a new appointment for the cancelled treatment at the next convenient opportunity; or B) where the unavailable treatment is part of a package, to substitute it with an alternative treatment of a similar value. Wherever reasonably possible, we will try to contact you in advance to advise you of any circumstances affecting the availability of a booked treatment.



JURLIQUE DAY SPA & SANCTUARY AND APOTHEKE HEALTH & WELLNESS CLINIC

MENU & PRICE LIST

JANUARY 2007

All prices are inclusive of VAT at 17.5%

NATUROPATHIC HEALTH AND WELLNESS CENTRES LTD

Home of:

THE JURLIQUE DAY SPA & SANCTUARY
AND
THE APOTHEKE HEALTH & WELLNESS CLINIC

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Jurlique Aromatherapy Facial Treatments			Jurlique De-Luxe Wax Treatments			Jurlique Day Spa Sanctuary Packages		
Jurlique Anti- Stress Facial	30 min	£37.25	Full Leg, Bikini & Under Arm	60 min	£42.00	'Sunbath' Facial Package	Approx. 1 ¾ hrs	£75.00
Jurlique 'Teen' Facial	30 min	£37.25	Full Leg, Bikini or Under Arm	35 min	£35.00	'Touch of Heaven' Pampering Package	Approx. 1 ½ hrs	£79.50
Jurlique Eye Treatment	45 min	£41.50	Full Leg	30 min	£26.00	'Sunbath' Super Relaxer Package	Approx. 2 hrs	£95.00
Jurlique 'Great Skin' Signature Aromatherapy Facial	75 min	£62.50	Three Quarter Leg	20 min	£22.00	Jurlique Just For Her Pampering Package	Approx. 2 hrs	£99.50
Jurlique Regenerative Anti-Oxidant Facial	75 min	£62.50	Half Leg	15 min	£17.50	'Ultimate Relaxer' Package	Approx. 2 ½ hrs	£105.00
Jurlique Deep Cleanse Facial (without extractions)	75 min	£62.50	Half Leg, Bikini & Under Arm	45 min	£33.00			
Jurlique Marine Herbal Facial	75 min	£62.50	Half Leg, Bikini or Under Arm	30 min	£24.50	'Mother-to-be' Pampering Package	Approx. 2 ¾ hrs	£108.75
Jurlique Ultimate Aromatherapy Experience	90 min	£95.00	Bikini & Under Arm	20 min	£20.50	Jurlique Just For Her De-Luxe Pampering Package	Approx. 3 ½ hrs	£145.00
			Bikini or Under Arm	15 min	From £12.75	Day Spa Sampler 'Top to Toe' Pampering Package	Approx. 3 ¼ hrs	£149.50
Jurlique Aromatherapy Body Treatments			High Cut Bikini	15 min	From £17.25			
Jurlique Foot & Leg Fantasy	30 min	£37.25	Full Arm	30 min	£23.50	Half Day Spa Experience Package	Approx. 3 ¼ hrs	£169.50
Jurlique Mini Detox Treatment as featured in Shape and Top Sante	75 min	£79.50	Back Wax	30 min	£25.00			
Jurlique Re-energising Treatment	75 min	£69.50	Fore Arm	15 min	£12.75	Ultimate 'Bride-to-be' Pampering Package Includes a light lunch	Approx. 5 ½ hrs	£235.00
			Jurlique Back Treatment Therapy	60 min	£62.50			
Jurlique 'Total Travel Treatment' as featured in the Daily Mail	75 min	£69.50	Eyebrow Shape	15 min	£10.50	Jurlique Just For Her Full Day Pampering Package Includes a light lunch	Approx. 5 ¾ hrs	£255.50
			Please note that all timings for wax treatments are approximate.					
			Hydrotherapy Treatments			Apotheke Clinic Consultations & Screenings		
Jurlique Warm Oil Body Wrap	60 min	£62.50	Hydromassage Sunbath (with dead sea salts) as featured In The Daily Mail	20 min	£27.50	FBA Naturopathic Weight Management Programme As featured In Bella Magazine		£185.00
Jurlique OPC Essence Polish as featured in ES Magazine	45 min	£49.95	Hydromassage Aromatique (with Jurlique Aromatic bath oils)	20 min	£27.50	Full Naturopathic Consultation plus a Full Body Screening		£142.00
Jurlique Aroma Salt Glow	60 min	£56.50	To ensure comfort and privacy. Clients having hydrotherapy treatments are advised to bring their own bathing suits.			Full Naturopathic Consultation (with up to three BEST screenings)		£99.75
Jurlique OPC Body Therapy	75 min	£72.95	Jurlique Just For Him Treatments			Full Naturopathic Consultation (children 12 years or under)		£67.50
Jurlique 'Stop and Relax' Massage	15 min	£16.50				Jurlique Just For Him Anti-Stress Facial	30 min	£10.50
Jurlique De-Luxe Aromatherapy Massage	30 min	£32.50	Jurlique Just For Him Skin Fitness Facial	75 min	£10.50	Digestive Health Programme		£99.75
	45 min	£41.50	Jurlique Just For Him Regenerative Facial	75 min	£10.50	Infertility Programme (Laboratory fees extra – approx £85.00)		£99.75
	60 min	£52.00	Jurlique Just For Him Foot Grooming Treatment	45 min	£10.50	Healthy Skin Programme		£99.75
De-toxification Massage (incorporating Lymphatic drainage techniques)	60 min	£55.00	Jurlique Just For Him Hand Grooming Treatment	45 min	£10.50	Healthy Child Programme		£67.50
			Jurlique Just For Him Relaxer Massage	30 min	£10.50	Follow-up Naturopathic Consultation		£31.50
Clinical Aromatherapy massage (includes an aromatherapy consultation)	75 min	£59.50	Jurlique Just For Him Chill Out Package	Approx 2 hrs	£95.00	Food Intolerance Screening		£49.50
Reflexology	60 min	£55.00				Hormonal or Enviromental Screening		£38.50
			Jurlique De-Luxe Beauty Treatments			Apotheke 20-20 and Jurlique have been featured In the following publications: Marie Clair, Top Sante, Good Housekeeping, Real Health & Beauty, Here's Health, Shine, Shape, Total Style, Time Out, The Evening Standard, The Daily Mail, The Daily Telegraph, The Times, The Sunday Times and The Financial Times.		
Jurlique Nail Treatments			Eyeshadow Tint	30 min	£15.75			
New De-Luxe Foot Care Treatment	75 min	£55.00	Eyebrow Tint	15 min	£13.25			
Fast Track Foot Treatment	45 min	£35.00	Eyeshadow & Brow Tint	30 min	£26.50			
New De-Luxe Hand Care Treatment	60 min	£45.00	Either of the above treatments plus a French Polish	Allow an additional 15 min	£10.00			
Quick & Handy Manicure	30 min	£27.50						
Either of the above treatments including a French polish allow an additional 15min	15 min	£10.00						